

OVERCOMING Infidelity and Strengthening Your Relationship with *Dr. Erica Goodstone*

“Your suggestions (knowledge) are so valid, so to the point and it seemed odd that we do not get it while we are into a relationship... but they are very clear once we are out of the relationship.”

~Nick Catricala, Trainer, Coach and Mentor

Attendees will learn:

- The 3 main causes of ALL relationships problems
- The 9 areas of focus for relationship healing
- What factors lead to monogamy
- What factors lead to cheating
- How to know if your partner is cheating
- The effect of hormones on attraction, sexual desire, and bonding
- How our family of origin influences our relationship style
- How to bring back that loving feeling after an affair

To overcome infidelity and strengthen your relationship, you need to understand some of the common reasons people cheat, the specific unmet needs in your relationship, your shared values and beliefs, and the level of commitment.

Attendees will receive a useful study guide and reference materials related to the seminar so they can easily review what they have learned in all their relationships.



Former professor, Dr. Erica is an experienced teacher, licensed and experienced relationship therapist, and an engaging speaker.

She is the author of several books, ebooks, Kindle books, audios and videos about creating loving relationships.

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